**CUMBRIA NEIGHBOURHOOD WATCH ASSOCIATION**

**Your ‘5 a day’**

**to keep crime away**

**Cumbria is a SAFE place to live work and visit. Crime in Cumbria is relatively low but could be even lower if we all followed these five easy steps to protect our homes, cars, money and information:**

* Keep your doors locked at home. Front and back, day and night, whether in or out.
* Keep vehicle keys out of sight at home.
* Don’t leave valuable property in your vehicle.
* Use strong passwords on your internet accounts and keep them and your bank PIN numbers secret. Never give them to anyone.
* Never click on links in e-mails.

Don’t make it easy for criminals. If we provide them with opportunities for crime, they will take them. Our tips can’t prevent all crime of course, but they will reduce your risks of becoming the next victim.

**CRIMESTOPPERS**

**If you have information about crime in your area contact Crimestoppers on 0800 555 111 free and Anonymously Always**